

### Summary Ειδών Μεικτής Μεθοδολογίας

Method	Starts with	Timeline	Purpose
Convergent	Both at same time	Parallel	Compare and integrate results
Explanatory	Quantitative	Sequential	Explain the numbers
Exploratory	Qualitative	Sequential	Explore before measuring
Embedded	One main method	One study	Add supportive data
Transformative	Mixed	Depends	Promote social change
Multiphase	Varies	Multiple phases	Large, long-term program

### Summary Categories of Mixed Methodology

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